

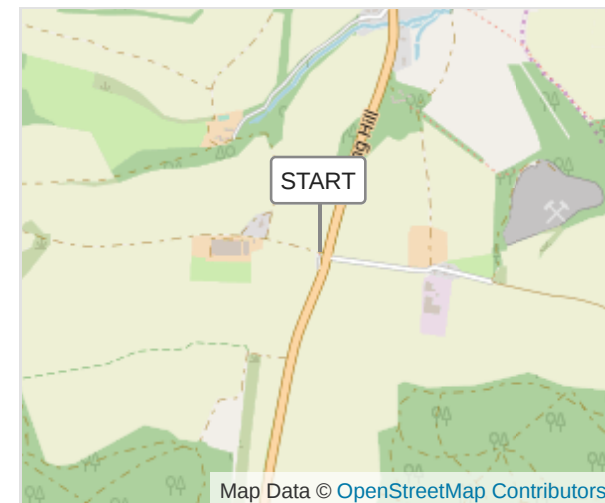


Crows Nest 7K

ROUTE INFORMATION



ROUTE LENGTH	7.434 km
ASCENT	235 m
DESCENT	234 m
HILLS	⬆ 52.4% ⬇ 42.7% ➡ 4.9%
TERRAIN	Off-Road 🌲
START	LAT: 50.942678, LNG: -0.755611



NOTES

Crows Nest 7K

